

January 2015

## NEW YEAR MESSAGE FROM THE BOARD

Dear VFCCA Members,

At the end of a year we reminisce about times we cherished and challenges we overcame during the past year. Then again we step boldly into a new year with anticipation of a year of personal growth and growth in the skills we need to bring to our profession.

We are reminded of our great privilege to be invited by families to play a crucial role in their lives; invited to love and guide their children and develop their talents.

What could be a better choice of profession!!!  
How fortunate we are to walk this way together surrounded by our friends and colleagues of our association.

So let's jump into another year of adventure, satisfactions and of course challenges.

A very Happy New Year 2015 to everyone!

Best regards,

*The Board of VFCCA*

### BOARD OF DIRECTORS 2013-2015

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*"Our job is to teach the students we have,  
not the ones we would like to have,  
not the one we used to have.  
Those we have right now.  
All of them."*

*- Dr. Kevin Maxwell -*

## PROFESSIONAL DEVELOPMENT

### ALPHAS CHILDREN: RECLAIMING OUR RIGHTFUL PLACE IN THEIR LIVES

If you are interested in knowing better strategies to cope with Alpha Children (children with controlling behaviour) and supporting them in positive ways as well, this will be the excellent one for you.

**Presenter: Dr. Deborah MacNamara**

**Date: January 17, 2015 (Saturday)**

**Time: 9:30 am to 12:30 pm**

**Location: 800 East Broadway, Vancouver (Mt. Pleasant Neighbourhood House)**

**Fee: Members: \$10.00**

**Students: \$15.00**

**Non-members: \$20.00**

**Couples: \$30.00** Please promote this workshop to your parents and they are welcome to register for this workshop through our members and friends.

Presenter: Dr. Deborah MacNamara is an experienced teacher and counsellor with over 20 years experience working with children, youth and adults. She has worked at leading educational institutions such as the University of British Columbia and Kwantlen Polytechnic as a researcher, counsellor, and teacher. Her articles and interviews have been seen and heard in parenting magazines, websites, and newsletters across Canada and internationally including Australia's "Nurture" Natural Parenting Magazine where she is a regular contributor. Deborah is the proud Mother of 2 children and strives to cultivate an attachment community to raise her children in. For more information please refer to [www.macnamara.ca](http://www.macnamara.ca) or (604) 802-1377.

Registration: Please e-mail to Feneda at [feneda@yahoo.com](mailto:feneda@yahoo.com) or call Feneda at (604) 222-3091 after 6:00pm before January 07, 2015.

## NETWORKING

**Date: Saturday, February 28th, 2015**

**Time: 6:00 pm to 9:00 pm**

**Location: Luz's child care center (3762 Jambor Court, Burnaby)**

**Registration: Call Jessie at 778-710-7268 or email her at [jieyan\\_zheng@hotmail.com](mailto:jieyan_zheng@hotmail.com)**



*"We do not need to teach creativity, but rather inspire its daily practice."*

*- Daine Darrow, educator -*

## EVENTS IN OUR COMMUNITY

### CHILDREN THE HEART OF THE MATTER CONFERNECE

When: January 16th & 17th, 2015

Where: Bell Performing Arts Centre  
6250 144 Street Surrey, BC

Fee: Friday Night Only \$20.00  
Friday & Saturday \$120.00  
Saturday Only \$115.00

Registration and details: go into [www.childcareoptions.ca](http://www.childcareoptions.ca)

## PAST EVENTS REPORT

### PROFESSIONAL DEVELOPMENT: PROMOTING POSITIVE COMMUNICATION WITH PARENTS IN SEPTEMBER 2014

Many thanks to BCFCCA's generosity for funding two VFCCA workshops, including, Positive Communication and Circle Time Gala. We would also like to thank Christine Mann for the great communication workshop. It helped us open our hearts when communicating with parents. We had 21 participants at the workshop and the feedback was very positive.

Here are some comments from the participants –

"The workshop was very helpful. I learned to face and solve problems with parents in positive and peaceful manners."  
"I learned to be more aware of my own emotions. I got good advice on setting up and creating a positive platform from the beginning of enrolment."  
"It was a very good workshop. I learned to seek to understand parents before being understood."





## PROFESSIONAL DEVELOPMENT: CIRCLE TIME GALA IN NOVEMBER 2014

Many thanks to Robb Weaver for presenting a fun and innovative circle time workshop. We learned to use various materials as props to make our story time fun. Twenty-eight participants attended this workshop and the feedback from the participants were also excellent

- Feneda Au-Yeung -

Here are some comments from the participants –

"Thank you Rob for a wonderful and resourceful workshop. Great ideas and so much fun!"

"Many practical ideas, very educational and fun. He's so flexible and adaptive to everything."

"Imaginative and lively! Well prepared materials help the children receive the message easily. There are many things I learned from the speaker."

" My compliments to Robb, very creative, great imagination. I believe that we all have it. We just need to let it out and use it!"



*"Learning is not a race for information, It's a walk of discovery."*

- Anonymous -



## NETWORKING AT CHERRY'S CHILD CARE IN OCTOBER 2014

Thank you for coming to our network meeting. It was a wonderful evening with nice food and great friends all around. Many thanks to Cherry for hosting the meeting, sharing her Montessori teaching methods and introducing a fun way to teach musical notes and rhythms to young children!

- Jessie Zheng -



*"Don't walk behind me; I may not lead. Don't walk in front of me; I may not follow. Just walk beside me and be my friend. "*

*- Albert Camus -*

## ACTIVITY IDEAS

One of the librarians told the origami story, *The Rain Hat*, during story time at Terry Salman library. The story not only fascinated the children, but also the parents attending story time.

So I wanted to share this origami story with you!

To practice paper folding, you can watch the story through Youtube.

- Suee Lee -

### THE RAIN HAT

*I adapted this "Rain Hat Story" for teachers. Hope you'll enjoy it! by Dr. Jean*

Once there was a very creative and resourceful teacher.

There was a huge thunderstorm one night and when she got to school the next morning the whole classroom was flooded. The only thing left were newspapers on the top shelf. So, the teacher gave each child a newspaper and they looked for words they could read and talked about the pictures. After a while she realized the children needed some exercise, so they turned the newspapers into rain hats so they could go outside.

(Fold the paper in half.

Open. Fold one top

corner to the middle crease. Fold the other top

corner to the middle crease. Fold up the top bottom edge. Turnover and fold up the other bottom edge.)



The children had fun wearing their rain hats, but then they heard a "RRRRRR" sound coming down the road. It was a fire truck, and the teacher showed the children how to turn their rain hats into fire helmets.

(Put your thumbs in the corner of the hat and bring them together. Flatten. Fold up one bottom point.)



The children even used their fire helmets like scoops to help put out the fire.

All the water reminded the teacher of boats and pirates, so they turned their fire helmets into pirate hats.



(Bring the other bottom point up to the top.)

Now, all pirates need boats, so they turned their pirate hats into boats.

(Grab the top two points and gently pull out to make your boat.)

They went floating down the stream and ran into a rock and the front of their boat came off.

(Tear a little off the front of the boat.)



They went floating down the stream and they ran into a tree and the back of their boat came off.

(Tear off a little from the back of the boat.)

They went floating down the stream and they went under a bridge and the top of their boat came off.

(Tear a little off the top.)

Anybody else would have been a nervous wreck, but that teacher knew the children all had life preservers, so they put them on and swam safely back to school. (Open and hold up as shown.)



And when they got back to school they drew pictures and wrote stories about all of their adventures!