

# **BC Family Child Care Association**

# Caregiver E-Connection

Spring 2017

**BCFCCA** 2017 AGM & Workshops, Saturday, June 10th, 2017

is pleased to present:

# "Challenging Behaviours Challenging You?"

### A Day of Understanding and Guiding Behaviours



**Pam Collins:** is the very proud parent of two very different thinking young adult sons! She is also a Positive Behaviour Support Consultant/Parent Trainer for Reach Child and Youth Development Society. She is a recognized educational speaker for families and teaching staff of exceptional children. She is a co-founder of the Richmond Autism Interagency Committee – a group dedicated to increasing opportunities for people with autism to be

accepted and celebrated in their communities.

#### Morning Session – What can lead to challenging behaviours?

All behaviour comes from unmet needs. Sensory regulation, emotional regulation and strong relationships are the foundation for cognitive, communicative and other social skills! The morning session will be an introduction to the need for strong relationships and sensory processing disorders.

Afternoon Session - What is the challenging behaviour telling us and what are some strategies we can use?

In this session we will talk about how to look at behavior as communicating a need and how to figure out that need. We will also learn about strategies that strengthen your relationships, and help children to learn to self-regulate.



#### Highlights

- ♦ Members Corner
  Member News
- ♦ GOOD
   BEGINNINGS:
   Newly revised
   and expanded
   training for Child
   Care Providers
- ♦ Early YearsTraining Portal
- CCCF and the federal budget

Stay connected with us:

Register now and take advantage of our early bird registration fee!

Registration Form

#### "Joining the Conversation"

Don't miss out on the opportunity for great conversations and interactions with other Child Care Providers on our













1-800-686-6685 or 604-590-1497 office@bcfcca.ca & www.bcfcca.ca



# **Members Corner**

Alan Patola Moosmann is the owner/operator of the licensed daycare: Little Blue House Family Childcare, located in the West End neighbourhood of Vancouver. Email Alan at <a href="mailto:apatola@telus.net">apatola@telus.net</a> with any comments or questions you may have or just to say hello.



#### How long have you been doing child care?

Since March of 2009 – as a RLNR care provider until November 2010, Licensed since then. My license is for seven (we are fortunate, in a neighbourhood dominated by apartment buildings, to live in a small house that has been in my family for over 60 years), but the most children I will take on any one day is four. Currently I have six children enrolled, between the ages of 12 months and four years, all part time, with three or four present on any particular day.

#### Before you got into child care did you have another profession?

12 years as an environmental engineering technician with a small private consulting company specializing in domestic wastewater treatment, followed by 9 years as program director for a not for profit organization providing restorative justice mediation opportunities for teenagers in conflict with the law and those affected by their actions. I find working both with children in my childcare and their parents provides a lot of opportunities to continue to practice and deepen the communication skills that I learned in mediation practice!

#### What is your favorite thing about being a child care provider?

I enjoy spending time with the children in my care, whose language is blossoming, whose minds are engaged and who are curious about everything around them! The work charges my energy rather than drains me, and I hope to continue for as long as that is true.

I also enjoy, for the first time, running my own business rather than working for someone else, and get some satisfaction knowing that I'm doing work that helps to meet a real need in my community very directly.

#### What is your least favorite thing about being a child care provider?

I do sometimes have to struggle to give my own children, now teenagers, the level of presence and attention I would like to in the evenings. And the work itself can be challenging when a child is behaving aggressively (biting, for example). Responding well to such behavior requires a lot of self-management. Happily so far I have worked with parents who are willing to address these kinds of issues, and have been able to call on local resources (licensing, public health nurses, etc.) for suggestions and information when I've felt out of my depth in a new situation.

#### Do you have hobbies or anything you like to do in your off time?

Reading (mostly history and fiction), genealogy, hiking and walking. I'm involved in my own children's elementary school PAC (one of two vice-chairs this school year), and active in my faith community, the Quaker meeting in Vancouver (trustee and finance committee).

### What is your best way to relax from the tension of the job?

Take a walk, read, play with our family dog (a mid-sized poodle)

#### Have you seen changes in the child care field over the time you have been a child care provider?

It seems to have become harder to find childcare as time goes on, and I typically get a few calls each week from parents who are searching and frustrated. If, as is usual, I have no spaces available I make sure they know about the lists of childcare providers available through the Province and our CCCR, and suggest they go in person to local playgroups, etc. to connect with as many caregivers as they can.

The cost of living in Vancouver is high, and family childcare providers struggle to balance maintaining an affordable service with charging rates that will allow them to meet their own family's needs. While I have experienced supportive relationships with all the licensing officers and CCRR resource staff I have worked with, there are some current local regulatory changes in the works such as restricting new childcares to the ground floor suites in apartment buildings. I'm concerned that these may well have the effect of either preventing people from taking on this work, or of increasing the number of childcare providers operating without any independent oversight from licensing or the local CCRR. Neither of these bodes well for the long term.

On the plus side, I have seen growing support in our community for addressing the shortage of affordable spaces through some sort of socially organized childcare system such as the \$10-a-day plan, which I personally favour. My own feeling is that if our current economic system requires two parents to work in order to earn a family wage, the system then has a responsibility to provide some form of socialized childcare services. Although there would be issues to work out regarding how current care providers would be integrated into such a system, and how to maintain system quality as governments with different philosophies come and go, I think the \$10-a-day plan would be a good start. The Quebec experience seems to demonstrate that over time such a system more than covers its own costs by allowing more mothers to choose to go back into the workforce earlier, with a corresponding increase in tax revenue.

# Anything else you would like your fellow child care providers to know about you or your child care?

I'm often asked about what it is like to be a male doing this work; personally it feels like a good fit for who I am, and I've never had anyone express any direct concerns about my gender — my hunch is that anyone uncomfortable with the idea has simply not called back after the first telephone conversation. Almost the first thing I let people know is that I am the caregiver, not my spouse, who is able to act as my substitute if necessary but has her own challenging career outside the home. Over the years there have been a few clients, particularly single mothers in situations where the father is not involved, express some satisfaction that having their child in my childcare has given them a consistent nurturing male presence that they would not otherwise have had.

I feel particularly blessed to be doing this work in the West End, a very dense neighbourhood with numerous parks, playgrounds, community centres offering playgroups for toddlers, etc. A consequence of this is that many family childcare providers live in apartments without outside space, and take their children out into the neighbourhood on activities pretty much daily. So in the course of my day I regularly connect with other caregivers in the area, and there is a local informal network which I have found very collaborative. (The Vancouver Family Child Care Association is also a supportive group.) We bring difficulties to each other and brainstorm ideas about resolving them, pass along referrals when we receive enquiries and don't have spaces, and are often able to act as vacation relief for each other. I hear of caregivers in other communities who struggle with feeling isolated in the work, and am grateful for the connections and friendships I have with my local colleagues!



### **Member News**

Magenta Insurance Professionals underwritten by Gore Mutual Insurance; have created access for BCFCCA members to business liability insurance. The Security Blanket program has been exclusively designed for licensed and regulated home child care providers.

Coverage in this package includes:

- Commercial General Liability \$2,000,000 limit
- Accident Coverage \$5,000 principle sum
- Broad Form Contents coverage \$7,500
- Business Interruption Profits from \$20,000
- Legal Expense Coverage \$50,000 including telephone access to legal advice 24/7



For more information:

**Information Sheet** 

Quote Request Form

or

Contact Magenta directly:

childcare@magenta-ins.ca

1-800-489-7889

www.magenta-ins.ca



For more information:

**About LegalShield** 

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For a low monthly cost, LegalShield gives you the ability to talk to your law firm on any matter without worrying about high hourly costs. We understand that operating a home-based business means you wear several different hats between your business and your family, and any legal situation affecting you can also affect your family. Receive assistance in areas such as:

- Have your will prepared, with annual updates
- Advice and consultation on an unlimited number of issues
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- Debt collection letters written to help your cash flow
- 24/7 emergency assistance

#### **Member Resources**

Newly revised and updated resources are now available to our members through the members only section of our website. <a href="www.bcfcca.ca">www.bcfcca.ca</a>

Included in these are PDF documents and website links to quality information on all aspects of the Child Care Profession.

# GOOD BEGINNINGS: Professional Development for Child Care Providers



In 1981 BCFCCA (formerly the Western Family Child Care Association of BC) pioneered one of the first training offerings specific to family child care.

These newly revised and expanded training materials are the sixth edition of GOOD BEGINNINGS. New training materials will be available APRIL 1ST, 2017

#### **GOOD BEGINNINGS: Professional Development for Child Care Providers**

is an introductory curriculum that meets the training requirements to qualify individuals to work in child care settings for children from birth to 12 years of age, such as:

Occasional Licensed Child Care School-Age Licensed Group Child Care Family Child Care

The curriculum has now been revised and expanded into three separate components, depending on the level of training you require.

# Level One & Two (30-36 hours) Professional Development for Child Care Providers

30 hours of training for individuals who are currently, or who are interested in becoming, providers of Registered LNR or Licensed Family Child Care.

### Level One (20-24 hours) Responsible Adult Course

20 hours of training for a 'Responsible Adult' as stipulated by the BC Child Care Regulation.

### Level Two (10-12 hours) The Business of Family Child Care (Prerequisite: Level One)

For information on availability of upcoming courses and registration around the province.......Click here

If you have any questions or concerns regarding the GOOD BEGINNINGS program, email us at <a href="mailto:goodbeginnings@bcfcca.ca">goodbeginnings@bcfcca.ca</a>



## CONGRATULATIONS!

To the participants of the first GOOD BEGINNINGS 20hr. Responsible Adult Training



"The instructor engages the participants by asking questions, using/sharing her own experiences in the child care field & using humour....a great contribution!"

"An excellent job informing and sharing your knowledge with us throughout the Responsible Adult



# Available until May 27, 2017



"Learn more about supporting children's healthy eating by completing this online training. This **free** course was developed by our dietitians and takes less than an hour to complete. A certificate of training will be provided which can be applied to Early Childhood Education (ECE) certification and "responsible adult" training requirements."

Take advantage of this great opportunity by clicking below.

**Healthy Eating in the Childcare Setting** 



CANADIAN
CHILD CARE
FEDERATION

FÉDÉRATION
CANADIENNE DES
SERVICES DE GARDE

À L'ENFANCE

Congratulations to the Canadian Child Care Federation for 30 years of caring!!

## News from CCCF

Federal Finance Minister Bill Morneau, has announced that the federal budget will be presented on Wednesday, March 22nd. The federal budget, as you know, is where the spending plans for the promised national early learning and child care framework agreements would be, so this is an important day.

After many years of no federal leadership or investment in child care, we are pleased that the federal government has committed to a multi-year funding plan. This is, without a doubt, positive. Federal funds for child care should transfer to the provinces, territories and to Indigenous communities at some point in the upcoming fiscal year of 2017/2018 and this is so much better than the big zero that has been on the table for the past 11 years....... read more from CCCF

Don Giesbrecht
CEO/PDG
Canadian Child Care Federation/
Fédération canadienne des services de garde à l'enfance

Call for Nominations: The Canadian Child Care Federation's Award for Excellence in Child Care

The Canadian Child Care Federation's **Award for Excellence in Child Care** honours individuals who have made an outstanding contribution to the field of early learning and child care. For information and nominations procedures...<u>read more</u>

www.cccf-fcsge.ca

Nominations must be received by April 15th, 2017

### **Notable News**

Prime Minister announces support for high-quality, affordable child care across the country....Read more

### **Early Years Professional Development**



To locate a training event near you; go to Early Years BC and search the province for availability ......earlyyearsbc.ca

#### **Child Care Major Capital Funding Program Intake 4**



In our commitment under the BC Early Years Strategy to create 13,000 new licensed child care spaces by 2020. Budget 2017 allocated additional funding for child care, which will support the creation of up to 1,900 new additional child care spaces across the province. This will increase the total number of new child care spaces to be created this year to 4,100 and increase the number of new child care spaces

government has committed to create by 2020 to 15,000.

Full details on the new process will be available online on **March 15, 2017.** Additional information including the application form and funding requirements will be available for download at: <a href="http://www.mcf.gov.bc.ca/childcare/major\_capital.htm">http://www.mcf.gov.bc.ca/childcare/major\_capital.htm</a>.

The goal of the fourth application intake period is to support the creation of an additional 4,100 spaces. Stage one applications must be submitted to the ministry no later than 4:30 pm on May 15, 2017, within one of the following six funding streams:

On School Grounds - creating new spaces in child care settings located on school grounds;

**Co-located or in a Hub** - creating new spaces that will be co-located with other family support programs in community based settings;

Indigenous (new) - Creating new spaces in Indigenous communities or for Indigenous children;

**Child Development Centre** (new) - Creating new spaces in Child Development Centres that support children with special needs;

**Employer-based** (new) - Creating new spaces in the work place, where employers can support their employees by providing child-care on-site; and

**Regular** – creating new spaces in child care settings other than those listed above.

COLUMBIA Continued investments under the B.C. Early Years Strategy, along with the addition of \$20 million in Budget 2017, are enabling the Province to fund more than 5,000 new child-care and after-school program spaces, as well as early childhood educator (ECE) bursaries in 2017-18. READ MORE......

# CCTT, Child Care Options Child Care Persource & referral program resource & referral program



#### PROFESSIONAL DEVELOPMENT CALENDAR

ing/Summer 2017

#### Training topics included in this session:

- Anger and Eruptions
- Screen Time
- Autism
- Alpha Children
- Resilience
- DIY Light Table
- Reggio Beyond Pinterest
- And much more!



Please share our training calendar with staff and colleagues

# **Up and Coming**



A resource centre for your family

#### **SECD**

# SCIENCE OF EARLY CHILD DEVELOPMENT

Sign up for this free e-newsletter and each month, SECD will send you sample videos and other materials to inspire, engage and stir your curiosity.

Sign up now



2017 Spring

For more info and workshop

# CELEBRATE!

# May is Child Care Month

The BC Government has declared May as Child Care month to Celebrate the thousands of dedicated Child Care Professionals throughout the province.

May 18th is Child Care Provider Appreciation Day!

**Download Proclamation here** 





"I tried to teach my child with books, he gave me only puzzled looks. I tried to teach my child with words, they passed by him often unheard. Despairingly, I turned aside, 'How shall I teach this child,' I cried? Into my hand he put the key, 'Come,' he said, 'play with me.'" ~ Anonymous



# BCFCCA Board 2016-2017

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In order to best represent you, BC Family Child Care Association ("BCFCCA") needs members to promote and talk about the need for a strong voice in the field and to promote the unique and valuable contributions family child care providers make everyday. The more members we represent the more influence we'll have to ensure that family child care remains a viable option for parents and providers.

Visit us at: www.bcfcca.ca

Opinions expressed in this publication are those of the contributor, and do not necessarily reflect the views of the BC Family Child Care Association (BCFCCA).

The Caregiver E-Connection reserves the right to review and edit submitted material as necessary for inclusion in any issue.

Please direct all comments, submissions, and inquiries to:

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# **Member Groups**



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