

Do Bugs Need Drugs? Daycare Program



Part Four: Activities for All Ages

Activities for All Ages

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Activities for All Ages

Handwashing Practice

Materials

- SONG: Twinkle, Twinkle
- How to Wash Your Hands poster
- Handsoap (do NOT use antibacterial product!)
- Paper towels

Optimal Group Size

- One child per sink.
- Younger and older children will enjoy this activity.

Caution:

- Bugaloo Puppet Hand is for Adult Use Only. Puppet is not child safe. Small objects should be used only with adult supervision.

Directions

- You will role-model good handwashing practice, calling out each of the following steps:
- Wet your hands
- Apply soap
- Rub hands together to the song: Twinkle, Twinkle (*note: at least 20 seconds*)
- Rinse your hands to get those germs off
- Dry your hands with paper towel

Some Facilitating Comments

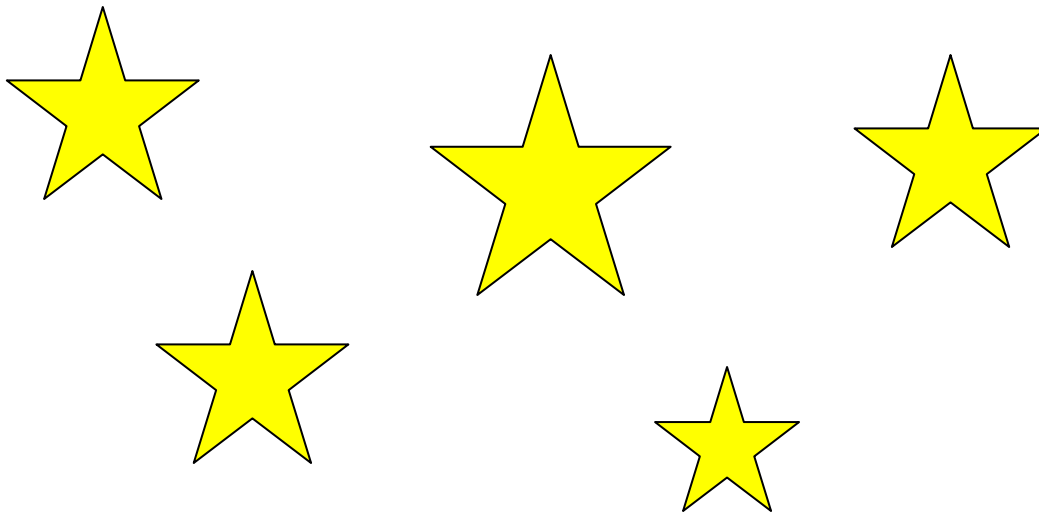
- Use the Bugaloo Puppet Hand to guide the children:
- Let's all sing the Handwash Song.
- Hmm – your hands are now so clean- no Germ would want to live there. Let's wash our hands often so Germs don't get "stuck" on them. Now you can put them in your mouth. You are protected against the "bad bugs".

Major Learning

HANDWASHING IS IMPORTANT. IT PREVENTS SPREAD OF INFECTIONS.

Handwashing Song

Twinkle, twinkle little star,
Look how clean my two hands are,
Soap and water, wash and scrub
Get those germs off rub-a-dub,
Twinkle, twinkle little star,
Look how clean my two hands are.



HOW TO WASH YOUR HANDS



Wet hands



Apply soap



Rub hands together



Rinse your hands



Dry your hands



www.dobugsneeddrugs.org

Activities for All Ages

Snacktime - Edible Bugs

Materials

- Assortment of foods of different shapes and textures such as:
- Blanched carrot sticks
- Black raisins
- Marshmallows
- Pretzel shapes
- Dry cereal shapes
- Apple pieces
- Apple juice (*to wash those "bugs" down with*)

Optimal Group Size

- Whole group

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Directions

- After a thorough Handwashing – see Handwashing Practice Activity – Bugaloo “invites” the children to share his special Bugsnack.
- Younger and older children will enjoy the snack.

Some Facilitating Comments

- Use the Bugaloo Puppet Hand to guide the children:
- So, did you have fun today playing with all that Bugstuff?
- What did you like best?
- The stories? The dirt?
- What did we all learn?

Activities for All Ages

Sticker Fun - Pick-A-Bug

Materials

- Post-it notes
- Bug shape rubber stamp
- Stamp Pad
- 1 small container per child

Optimal Group Size

- 3 children

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Directions

- Stamp as many Post-it notes as needed and place them around playroom targeting all areas that are normally touched by little hands, such as:
 - ◆ Sink
 - ◆ Flush handle of toilet
 - ◆ Garbage can
 - ◆ Doorknobs
 - ◆ Cubbies
 - ◆ Walls (to eye level)
 - ◆ Toy shelves
- Alternative Activity: Allow older children to do the stamping and placing of post-its around the room.
- Provide each child with one container. Children “hunt” for the stickers, find them, pick them off, crumble them up and place them in their containers.

Some Facilitating Comments

- Use the Bugaloo Puppet Hand to guide the children:
- You found a bug!
- Let’s see how many more you can find.
- Now you see where bugs/germs live.

Major Learning

RELATED CONCEPT: GERMS ARE EVERYWHERE.



Activities for All Ages

Handprint Mural

Materials

- Yellow, red, blue fingerpaint
- Mixing tray-one per child
- Stubby paintbrushes
- Large sheet of firm paper
- Spoons

Optimal Group Size

- 2 to 3 children at a time

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Directions

- Children mix colors to achieve a “murky’ dirt color. Help children “paint” their hands.
- Children will then deposit a print onto the paper taped securely on a tabletop. Children wash their hands well before going on to other play activities.
- Note: You might need tub with soapy water, paper towels and a wastebasket nearby for easy access.

Some Facilitating Comments

- Use the Bugaloo Puppet Hand to guide the children:
- You really like the color Red (yellow/blue). Let’s see what happens when you mix all the colors together.
- Looks – like dirt?
- Let’s display our ‘dirty handprints’ in our washroom to remind us about Washing our Hands Often!

Major Learning

HANDWASHING IS THE BEST WAY TO PREVENT THE SPREAD OF INFECTIONS