

# The Bear Facts

Website: [www.svifcca.com](http://www.svifcca.com) - Contact Line #391-6556



Issue 123

Mar/Apr 2016



## From the Big Bear

Hi Everyone

Hope everyone is enjoying our beautiful city—full of blossoms. Can't believe that we are almost into April. Where has the first quarter of the year gone to?

We are trying a new fundraiser—**Hanging Baskets**. They look lovely and they will be perfect for Mother's Day gifts or just to beautify your space. We are also doing **Butterflies** once again. I know my children are looking forward to doing this.

We also have a line on **Muddy Buddies** (full set or Rain Pants). Depending on the number that are ordered, discounts could make them even cheaper than quoted (page 3). They will be on display at the meeting or afterwards at Rena's.

Now that the good weather is on the way, it is time to re-evaluate your outdoor space while you are doing the Spring clean up. Time to decide if everything is in good repair, clean and where you want it so that the children can maximize their time spent outside. Also, for those of you that wish to help the Bee population, you can buy Mason Bees for Healing Farm on East Road and attach their home to a fence or other structure. This will also encourage planting of a flower garden which will attract birds, butterflies and bees to your space to provide a living science program.

Remember to mark your calendars for the **BCFCCA Conference** on June 11th. It will be an awesome day with lots of fun learning and networking. Carpooling is the way to go. There is a chance that members in good standing will be reimbursed for the Conference Registration when they sign in. Money for shopping, etc. Registration packages coming this weekend in you email. Check this out.

*Leagh Lawrence*

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## BUTTERFLY KITS ON SALE

Member Price \$20

Non-members \$25

Sign-up sheet at meeting or call  
Tracy Oliver (page 10)



shutterstock - 241843909

**Hanging Baskets  
for sale**

**See page 9**

## MUDDY BUDDIES

—full suits or rain pants

Full suit muddy buddies are regularly \$45 each if we have an **order of 10** or more we get them at a discount so would be \$37 plus 5% tax.

The full suits come in pink, yellow, red, blue and cammo.

Rain pants are regularly \$25.00 each and if we get an order of 10 or more there is the 10% discount so the price would be \$22.50 plus 5% tax.

The pants come only in black.

There are jackets too (\$45 regular but with discount \$40). They come in red and blue.

<https://www.facebook.com/Kinderbeez-Childrens-Consignment-208337892519253/>



## SCHOLASTIC BOOK ORDERS

We have Elf and See Saw Book Order Forms available. This is one of the ways we fundraise for new items for the Special Draws, workshops, etc. Please see Deb at the Membership table for your copy of order forms and to place your orders.



## RENA'S FELT STORIES

Please check out the NEW Facebook page [www.facebook.com/feltstoriesbyrena](http://www.facebook.com/feltstoriesbyrena)

You will see the felt story pictures posted and orders can be taken by PM (Private Message) Please share this page with your contacts as orders can be shipped – shipping charges do apply.



## Canadian Child Care Federation Launches New Website

Offering Early Childhood Education and Care Sector Direct Access to Resources and Community Dialogue .

Visit our new website at [www.cccf-fcsge.ca](http://www.cccf-fcsge.ca) and expand the national dialogue and voice of our early learning and childcare sector.

## PHOTOCOPIER & LAMINATOR

These are located at **677 Kent Road** (Rena's house) ph 250-727-6176.

**PHOTOCOPIER:** The paper provided is 8 1/2 x 11 inches. It also does 8 1/2x14 inches, white paper (you must provide) The fee charged is 5 cents/side/copy. It does double sided. You are able to email (preferably in a jpeg file) [childcare@svifcca.com](mailto:childcare@svifcca.com).

**LAMINATOR:** The laminator's charge is \$0.75 cents/foot and the film is 18 inches wide.

**NOTE:** Please phone ahead and make an appointment to use these machines or Rena is willing to pick up any photocopying/laminating at one of our meetings and return it at the next. Please arrange for this first.

**Receipts are issued for both machines.**

# Membership Report

Hi Everyone

To date we have 39 family child care providers and 5 group child care providers. A big welcome to our newest members: Positive path Early Learning Inc.—Amanda Young.

We always welcome guests, childcare providers and parents, to our meetings.

Please help spread the word of our great organization and the perks of being a member.

Your family child care membership with SVIFCCA, offers you:

- \* The ability to attend our monthly workshops
- \* Subsidized butterfly kits
- \* Discount pricing on educational material sold at our fundraising table
- \*Field trips with other family child care providers
- \*Savings on attending Conferences

Group membership offers:

- \* the ability to send up to 5 staff to each monthly meeting
- \* subsidized butterfly kits
- \* discount pricing on educational material sold at our fundraising table
- \*Some savings of Conferences

Our online auction is now open! Be sure to check your email or the SVIFCCA Facebook page for link.

<https://docs.google.com/.../144Ab810skY140b1AToeafRLXi9.../edit...>

*Deb Housden*

Membership Director

For information on workshops, links, etc. check out our website at [www.svifcca.com](http://www.svifcca.com)

**Regular membership dues are paid yearly (\$75).**

**They include:**

- SVIFCCA membership (\$30)
- BCFCCA membership (\$20)
- CCCF “affiliate” membership (\$25)

**NOTE:** Group Member —please see [www.svifcca.com](http://www.svifcca.com) for rules pertaining to their membership

**And entitle members to:**

- Attend monthly meetings, workshops and socials
- Grievance Committee
- Theme Boxes
- Access to a photocopier and laminator (fee)
- Receive copies of Newsletters (5)
- Field Trips and Special Events
- Parent Referrals (Contact Line)
- Website
- Hold a position on the Executive &/or on a committee
- A copy of the Association’s Member Handbook
- Vote at a meeting
- Support and guidance from other members

## CCOF CLAIMS

Everyone **MUST** get a BCeID as soon as possible as you will NOT be able to fax these in any more. If you do not have one, go to [www.bceid.ca](http://www.bceid.ca) , select Register and then choose Register for a Business BCeID and follow the instructions.

## Suggestions for Workshops

There will be a box at the meetings ~ a suggestion box ~ in which you can put ideas for workshops, speakers, etc. and all the contact information that you have on the speakers (if known).



## FIELD TRIPS

Does anyone have any ideas where an interesting place you would like to go for a field trip? Diane is trying to think of some new places to explore that are suitable for the ages of children that we have.

Contact Diane Townsend  
250-717-2197 or  
[dtownsendsmith@hotmail.com](mailto:dtownsendsmith@hotmail.com)



**APRIL 22nd 2016**

## Fundraising Corner

Check out our interesting Fundraising Table and 50/50 prizes at our meetings. Inventory is always changing.

*Remember the sale of all items help our Association's ability to provide such things as the Workshops, Meeting Room, Special Days, etc.*



## S.V.I.F.C.C.A. Executive

<b>PRESIDENT</b>	
Leagh Lawrence	250-475-2217
<b>1ST VICE PRESIDENT</b>	
Nicole Alvarez	778-430-0858
<b>2ND VICE PRESIDENT</b>	
Tara Bisgrove	250-381-0177
<b>MEMBERSHIP</b>	
Deb Housden	250-220-6804
<b>SECRETARY</b>	
Diana McKay	250-477-9766
<b>TREASURER</b>	
Rena Laberge	250-727-6176
<b>FUNDRAISING</b>	
Cindy MacCormack	250-383-3418

## Annual BCFCCA AGM & Conference

**"Come Out and Play"**  
**Tools and Toys for**  
**Creative & Engaging Child Care**  
 Presented by Vince Gowmon

[www.vincegowmon.com](http://www.vincegowmon.com)

**Saturday, June 11th, 2016**

**9:00 am to 4:30 pm**

Creekside Community Recreation Centre

1 Athletes Way

Vancouver, BC

Packages will be emailed at the end of March

## Standing Committees

<b>GRIEVANCE:</b>	
Leagh Lawrence	250-475-2217
Rena Laberge	250-727-6176
<b>MEMBERSHIP:</b>	
Samantha Eckard (Phoning)	250-592-4277
<b>NEWSLETTER:</b>	
Leagh Lawrence	250-475-2217
<b>WEB PAGE:</b>	
Rena Laberge	250-727-6176
Sherry Thornhill (WebMaster)	1-250-743-7564
<b>SOCIAL:</b> Refreshments	
VACANT	

<b>FIELD TRIPS:</b>	
Diane Townsend	250-727-2197

<b>BCFCCA :</b>	
Rena Laberge (Chair)	250-727-6176
Diana McKay (Member Group Rep.)	250-477-9766

## Other Workshops

### VCCRR & WSCCRR

For information call:-

VCCRR

250-382-7000

Westshore-Sooke CCRR

250-391-8653

[www.islandfamilyinfo.ca](http://www.islandfamilyinfo.ca)



# SVIFCCA Speaker's Corner



General meetings are held on the **4th Thursday** of each month (excluding July and August and December). Doors open at 6:45 pm with a short business meeting at 7:15pm. Please note our meeting place: **North Douglas Pentecostal Church, 675 Jolly Place, Victoria** (near the intersection of Glanford and McKenzie Avenues (unless otherwise stated) Check [www.svifcca.com](http://www.svifcca.com) for more information on workshops.

**7:15 - 9:00p.m. Certificate provided. Meeting at North Douglas Pentecostal Church, 675 Jolly Place**

**April 28th, 2016(Thursday)**

**“Sung Fun Music” ~ Nancy Dobbs**

*On your marks, get set...go! This workshop will be 90 fast-paced minutes or musical ideas... old songs with new twists, and easy to learn new songs. Discover ways to weave music throughout your childcare program.*

**Music Book available for purchase. Cost \$8**

**May 26th, 2016 (Thursday)**

**“Let’s Make Prints” ~ Emily Grav, The Paint Box School of Art.**

*A print is made by pressing a thing you have painted onto a piece of paper. At the Paint Box we do many kinds of Prints; Relief Prints made from glue, Block Prints made from Scratch Foam and Symmetry Prints using folded paper. Recycled and artist materials also will be used to make printmaking easy and fun for children 5 and under.*

**June 23rd, 2016 (Thursday)**

**“Understanding Installing Car Seats” ~ Venessa Ritchie CRST**

*We are Child Passenger Safety Technicians trained by the Child passenger Safety Association of Canada. We help to teach how to use and install car seats correctly 100 % of the time. Over 90 % are misused in some way. Our goal is to spread information both about the law and best practice in Car Seat Safety in order to keep children safer in vehicles.*

## BCFCCA

You can reach the Board at:-

**E-mail** - [office@bcfcca.ca](mailto:office@bcfcca.ca)      **Web** - [www.bcfcca.ca](http://www.bcfcca.ca)

**Phone** - 1-800-686-6685 or 1-604-592-1497

**Voice Mail/fax** 1-604-590-1427

**Mailing Address:** 100-6846 King George Blvd., Surrey, B.C. V3W 4Z9

### **BCFCCA FUNDRAISING ITEMS**

Please contact Diana at home or at a meeting as she may have items you wish to purchase or will be happy to place an order for you

**Emergency cards** \$ 9

**BCFCCA 2016 Record Keeping Calendars** \$20

# Outdoor Play and Play Environments

Take a close look at the available physical activity space in your child care setting (environmental scan) and assess what opportunities it currently offers for children to experience outdoor physical activities. First, identify the outdoor space's potential. How is it being used successfully? What are some other possibilities? Second, identify the challenges to physical activity play and find effective ways to overcome them.

Most traditional playground structures are stationary and offer only one play experience for children. There is no way to adapt them as children grow, or to make them more challenging as children develop their skills. Often they do not facilitate child-initiated or Caregiver-initiated play. Ideally, play structures, materials and equipment contain components that can be moved and changed to accommodate imaginative, child-initiated play, inclusive play and the opportunity for “authentic” play experiences i.e. “piloting an airplane,” “serving food at a restaurant.”



By thoughtfully selecting and displaying these components in the outdoor space, you invite the children to use a broad range of materials in a variety of ways either individually or in group play. Likewise, using materials (such as balls, beanbags, hoops and other play props) in a well-planned outdoor space, you encourage children to manage, move and employ the materials in ways that support their need for comfort and for challenge.

Making materials accessible and storing them close to the play area helps to promote active play. Children depend on adults who support their need for exuberant play and who value and understand the intricacies of such play. As a Caregiver, you continuously observe, assess examine and improve the outdoor play environments. Your role modelling of active play can lead children to expand their learning through play and to become comfortable in taking safe risks. Consider the outdoor play environment a developmental workshop. Truly the sky is the limit!

Outdoor play encourages physically active play and contact with nature and its changing seasons and weather conditions.

A natural or traditional outdoor play space should be open and large enough for children to run, roll, skip, ride, climb, jump, sit and even daydream. The optimal space accommodates children's different developmental processes and abilities. It offers the potential for experiences, materials and design components that are appropriate for all children. Like indoor play spaces, outdoor play areas can be used for both physically active play and quiet reflective activities. When active, noisy play is kept separate from quiet, reflective play, activities are not bumped or interrupted by children moving about the rest of the outdoor space.

The ideal physical activity space includes: a flat portion of ground to allow for the construction of climbing apparatus and balance configurations that the children build themselves; a flat space intended for musical games, musical movement, non-competitive active games, dance and running about; an additional space of uneven ground for experiences in balance; an outdoor storage shed to house materials and props for physical activity play places; and opportunities for the child to control the experience including building, rolling, collecting, and digging places for fantasy play such as platforms, tunnels and props natural; elements such as hedges and small trees where children can experience nature and enjoy some privacy to make mistakes, stumble and create their own rules, all with minimal adult supervision; a choice of experiences so that children have options to select those that have the level of risk they are prepared for ; clear, low boundaries between play spaces and clear paths for movement between them a balance of materials that are familiar to the children and novelty items sheltered places where children can experience various weather conditions; a drinking water source; commercial equipment and surfacing .



# I Have the Right to Play!

For some, play is a chance to be with others to share, even in the most humble of settings, in communities with toys, games, on outdoor gym equipment, in a sandbox, with a jump rope, or in an abandoned cardboard box.

For others, play is the fervent desire for the gift of time twenty minutes, one-on-one with Mom, Dad, their Caregiver or friend specifically for play.

For young children, play is more than just a fun activity. Research has shown that play contributes to a child's healthy development. It helps build social, emotional, physical and cognitive skills. Furthermore, play is a child's right. The United Nations Convention on the Rights of the Child spells out in 41 articles the basic human rights to which children (under the age of 18) everywhere are entitled.

By ratifying this Convention in 1991, Canada made a commitment to ensure that all children are treated with dignity and respect. This includes safeguarding the right of children to have a voice, be protected from harm, to have access to health care, and be provided with their basic needs and every opportunity to reach their full potential. The Convention also acknowledges the key role of parents and families in the lives of children and young people.

The United Nations Convention on the Rights of the Child is a Powerful Promise to Children

The right to play is outlined in Article 31 of the Convention. When we consider that children are expected to achieve more and more, and that they have less and less free time available for play, it's clear that play time has become a right in need of protection.

## Article 31

1. States Parties recognize the right of the child to rest and leisure, to engage in play and recreational activities appropriate to the age of the child and to participate freely in cultural life and the arts.

2. States Parties shall respect and promote the right of the child to participate fully in cultural and artistic life and shall encourage the provision of appropriate and equal opportunities for cultural, artistic, recreational and leisure activity.

In 1993, the Government of Canada enacted Bill C -371, otherwise known as the Child's Bill of Right, and designated November 20th of each year as a national day of the child in order to promote awareness in Canada of the Convention. For ideas on how you can celebrate National Child Day and children's rights, visit the Canadian Child Care Federation website at [www.cccf-fcsge.ca](http://www.cccf-fcsge.ca).

## Ideas on how to Support the Child's Right to Play

Set aside time for play in a child's busy day. There are many structured activities available to children. But remember that play time is an extremely valuable time for learning. Set aside time for play in busy day. Join in the child's play. Let him guide the play, but take the opportunity to reinforce social conventions, such as sharing, taking turns and role-playing. Parents should choose an early learning and child care program with a play-based approach. These programs understand the link between play and learning. They ensure that there are large blocks of time each day when children may choose from a number of activities selected by the educator in order to become leaders in their own learning. Parents can create safe and stimulating play environments within their homes.





# Learning to use words

Children who are using clear and consistent signals to communicate their basic needs and ideas (e.g., pointing, gestures, and facial expressions) are ready to learn words and to participate in simple conversations. For children who have extreme difficulty speaking, it is often helpful to introduce other ways to communicate. We can do this by adding a sign, a picture or a symbol to highlight the spoken words we are saying to the child.

Sometimes parents and professionals are concerned that when we show children other ways to communicate, children will hold their speech back. Research has proven this to be a myth. We know that showing children more ways to communicate does not hold speech back and may help speech develop more quickly.

Some children learn to use words in sign-language, some use picture symbols and some use both - depending on what they are communicating about. The more ways a child has to communicate, the more ideas they can express. Learning to express ideas with “words” also helps develop thinking skills, so it is important not to just *wait* for speech.

## Using sign language or pictures/symbols

Parents and teachers can help children learn to use signs, pictures and/or symbols to communicate with others.

Here are some ideas to help children learn to use signs, pictures and/or symbols:

- Put up pictures or symbols around the daycare/ house to label items of interest to the child.
- Use photos of the important people in their lives – family members, friends, teachers.
- Use action words for activities that they may want to choose or to talk about.
- Use pictures for descriptive words – words that describe the color, size, amount, etc.
- Use different kinds of pictures words together to help a child learn how to make sentences (e.g., go Grandma’s house; drink juice; red juice).
- Add symbols to favorite stories, so your child can learn to talk with you about the story.
- Point to the pictures or symbols or make the sign for the words you want your child to learn, as *you* are talking with your child.



**3 for \$5.00 draw**  
for January to March will be  
“Tent Town” this includes  
these three tents and  
accessories - \$100 value





## HANGING BASKET FUNDRAISER

Lynne's Little Elf Garden Centre

### 2016-Hanging Basket Order Form

Member's Name:

Members Phone #

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**Orders are due the week of April 25th    Orders closing date: Thursday, April 28<sup>th</sup>, 2016**

**Pick up Dates:** Wednesday, May 4<sup>th</sup> to Friday, May 6<sup>th</sup> 2016 (in time for Mother's Day!)

**\*\*\*ALL Money must be handed in with order form\*\*\***

Payment may either be by cash or cheque (Make cheques payable to: Southern Vancouver Island Family Child Care Association) E-transfer can be made but must be received before Wednesday, April 27<sup>th</sup> at midnight

Security Question: What occupation do our members represent? Answer: childcare (no capitals, no spaces)

**Price: \$21.00**

**What you receive:** One style of mixed basket that works in sun or shade. The basket will contain a great mix of flowers (geranium's, petunia's, lobelia, begonia's, fuchsia's and many more)

**Name:**

**Phone number:**

**Total:**

**Price:**


**Total Quantity:**

**Total amount owing:**

<b>Little Elf Garden Centre</b> 1062 Goldstream Ave, Langford, B.C.	<b>250-478-4557</b> or <b>littleelfgardencentre@telus.net</b>
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## **PAINTED LADY BUTTERFLY LARVAE KITS AVAILABLE TO ORDER**



SVIFCCA is again this year putting in an order for butterfly larvae kits.

**The price for the kits for 2016 will be:**

**\$20.00 a kit for SVIFCCA members**

**\$25.00 a kit for non-members of SVIFCCA**

### **Receipts available on request**

Included in the kits are 3 to 5 larvae in an 8oz. rearing container. All you will need is a flight cage. If you are not sure what this is, ask us, as we have inexpensive ideas for you to use.

This is a great experience for the children as they watch the larvae eat and grow each day and then as they transform into their chrysalis. Then you move them into the flight cage to watch them in 7 to 10 days emerge out of their chrysalis to "painted lady butterflies!"

**Nature right before your eyes and right in your own centre!**

**Included with the kits this year will be a Butterfly Theme package that includes:**

Life cycle sheets, songs and poems, art and snack ideas

Order Yours Today (orders must be received and paid by April 22, 2016)

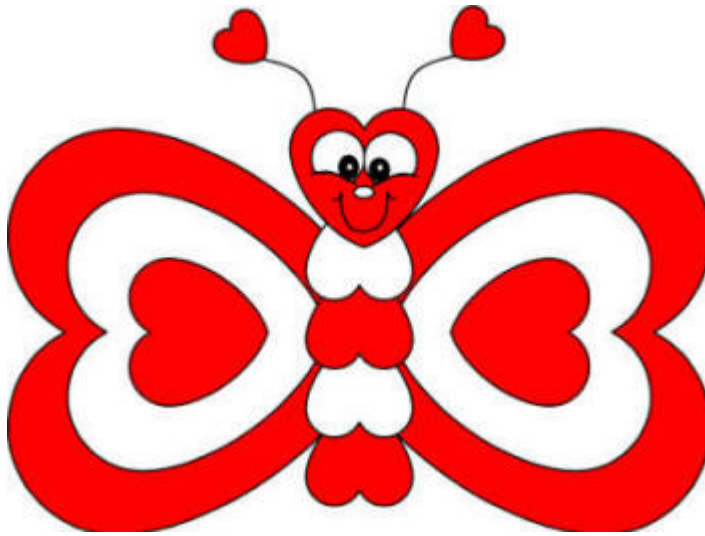
Payment may either be by cash or cheque (Make cheques payable to: Southern Vancouver Island Family Child Care Association) E-transfer can be made but must be received before April 22nd at midnight

E-Transfer sent to email: [childcare@svifcca.com](mailto:childcare@svifcca.com)

Security Question: What occupation do our members represent? Answer: childcare (no capitals, no spaces)

By emailing Tracy Oliver at [tracy\\_oliver@telus.net](mailto:tracy_oliver@telus.net) or calling 250-727-6205





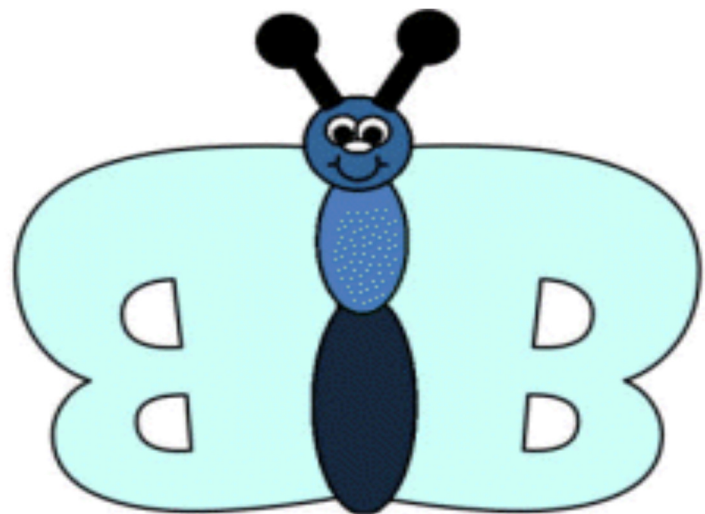
Heart Butterfly

Cut assorted heart shapes in different colours. Glue in a butterfly shape or caterpillar design



Hand Print Butterfly

Trace children's handprints on various colours. Glue them in a Butterfly shape.



Letter B Butterfly

Cut out two letter Bs. A circle and 2 ovals. Glue together in Butterfly shape and draw antennae.

## BUTTERFLY CRAFT IDEAS



## Family Child Care Association

VOTING

PROXY

Member of BC Family Child Care Association and Affiliate Member of Canadian Child Care Federation

If you are NOT attending the Annual General Meeting, in person, please complete this proxy and ensure that it is forwarded to one of the named persons below.

I, the undersigned member of the SOUTHERN VANCOUVER ISLAND FAMILY CHILD CARE ASSOCIATION, (the "Association") hereby appoint:

\_\_\_\_\_  
(Print the name of the person appointed by you, **not** your own name.)

as my proxy holder to attend and act on my behalf at the Annual General Meeting of the Association to be held on Thursday, May 26th, 2016.

**NOTE:** No member may carry more than three (3) proxies. Please ensure that the person to whom you give your proxy has not exceeded that limit. The vote of the member giving this proxy shall on a poll (ballot) be voted by the said proxy holder as specified below. If no choice is specified, a vote will be cast for them by the holder identified above.

The proxy holder I have named above is hereby specifically directed to vote as indicated below:

For the Elected Executive Position of:

President \_\_\_\_\_

1st Vice President \_\_\_\_\_

2nd Vice President \_\_\_\_\_

Treasurer \_\_\_\_\_

Membership Director \_\_\_\_\_

I hereby revoke any proxy previously given to attend and vote at the said meeting. I hereby declare that I am a member, in good standing, of the Association and would be entitled to vote at the Annual General Meeting on May 26th, 2016.

\_\_\_\_\_  
Name (Please print)

\_\_\_\_\_  
Date